



## NOTE FROM THE DOC &amp; BOARD

As we exercise patience, responsibility and resolve in a united response to Coronavirus, our club continues to support the spirit of our community and each other, given this unprecedented challenge.

At the same time that we are asked to take 'pause' over the moment, we see families spending more time together outdoors. This opportunity to recalibrate and take advantage of the time to improve our own health and well-being is truly invaluable.

Like the impact to school, the responsibility of social distancing to prevent transmission of the virus, has also affected sports. As education has gone online, so has our soccer training. Given today's circumstances, we are actively planning our long-term curriculum and will continue to deliver recommended training activities in the interim to help with and continue individual player development.

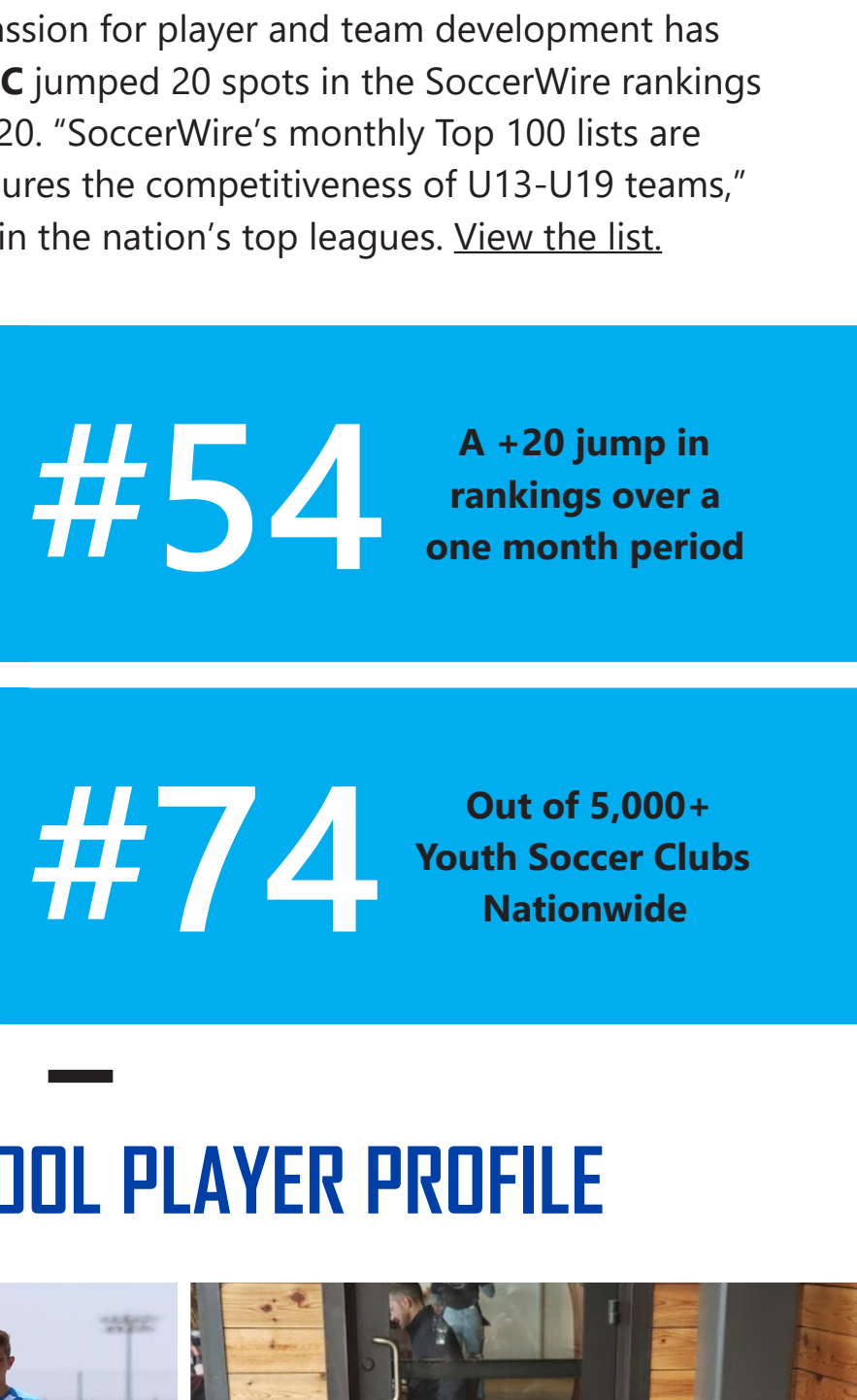
We also like to recognize some of our club, team and individual achievements at the start of 2020, and welcome new players and families to **Laguna United FC**. We share a united spirit and look forward to resuming activities once the health and safety of our greater community is assured.

BE WELL.

PLAY BY PLAY

FIFA Pass the message to kick out coronavirus

FIFA



## PASS THE MESSAGE TO KICK OUT CORONAVIRUS

WATCH THE VIDEO

## SOCCERWIRE: FROM #74 TO #54

Congratulations to all players, coaches and staff at **Laguna United FC**. Your hard work, dedication and passion for player and team development has resulted in national recognition. **LUFC** jumped 20 spots in the SoccerWire rankings between February and March 2020. "SoccerWire's monthly Top 100 lists are based on an algorithm which measures the competitiveness of U13-U19 teams," including postseason success in the nation's top leagues. [View the list.](#)

**TOP 100 BOYS SOCCER CLUBS** *SOCCER WIRE!* **March 2020**

#54

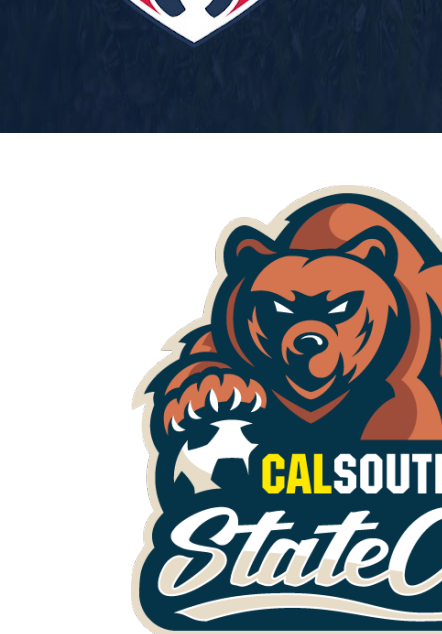
A +20 jump in rankings over a one month period

**TOP 100 BOYS SOCCER CLUBS** *SOCCER WIRE!* **February 2020**

#74

Out of 5,000+ Youth Soccer Clubs Nationwide

## ODP WINTER POOL PLAYER PROFILE



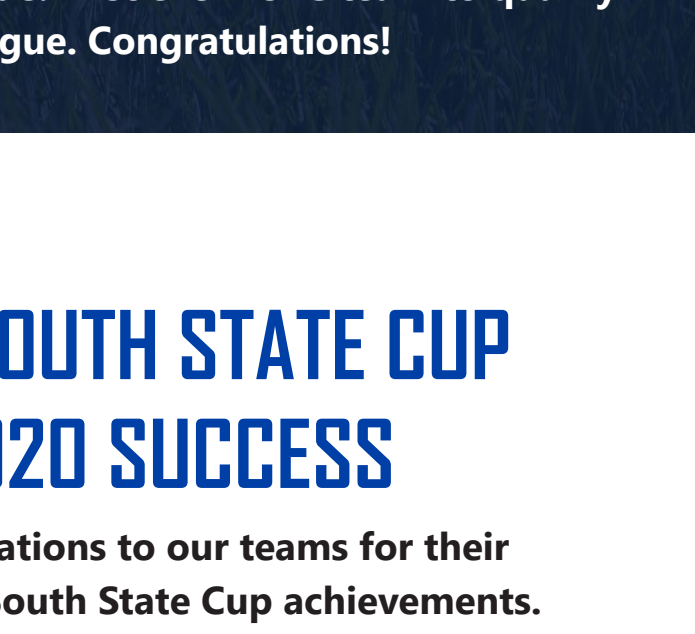
Riley Arribas  
**G2004 Blue**

Announced to Dallas International Roster



Ryan Esparza  
**B2003 Blue**

Made B2003 roster and played representing Cal South region, winning Regionals



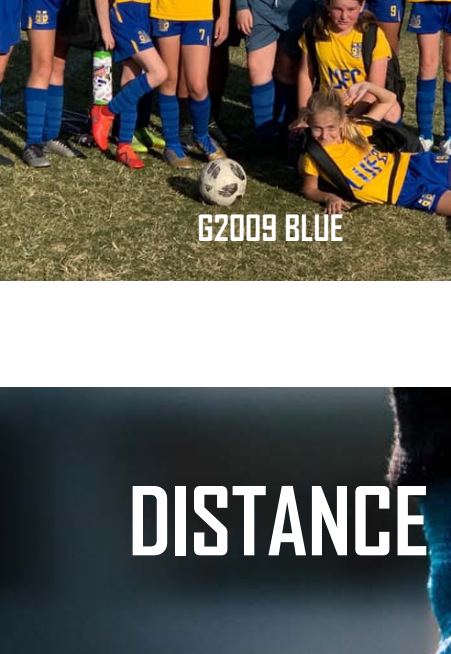
Ivan Lugo-Rodriguez,  
Asher Chauncey, and  
Shane Gentile  
**B2009 Blue**

## FROM CRL TO USYS NATIONAL LEAGUE



## US YOUTH SOCCER NATIONAL LEAGUE

**B2006 Blue** finish as Runners-up in CRL and qualify for USYS National League. First ever LUFC team to qualify for the National League. Congratulations!



## CAL SOUTH STATE CUP 2020 SUCCESS

Congratulations to our teams for their recent Cal South State Cup achievements.

**B2011**  
Blue

Governors  
Quarter  
Finalist

**B2010**  
Blue

Governors  
Quarter  
Finalist

**B2009**  
Blue

Presidents  
Round of 16

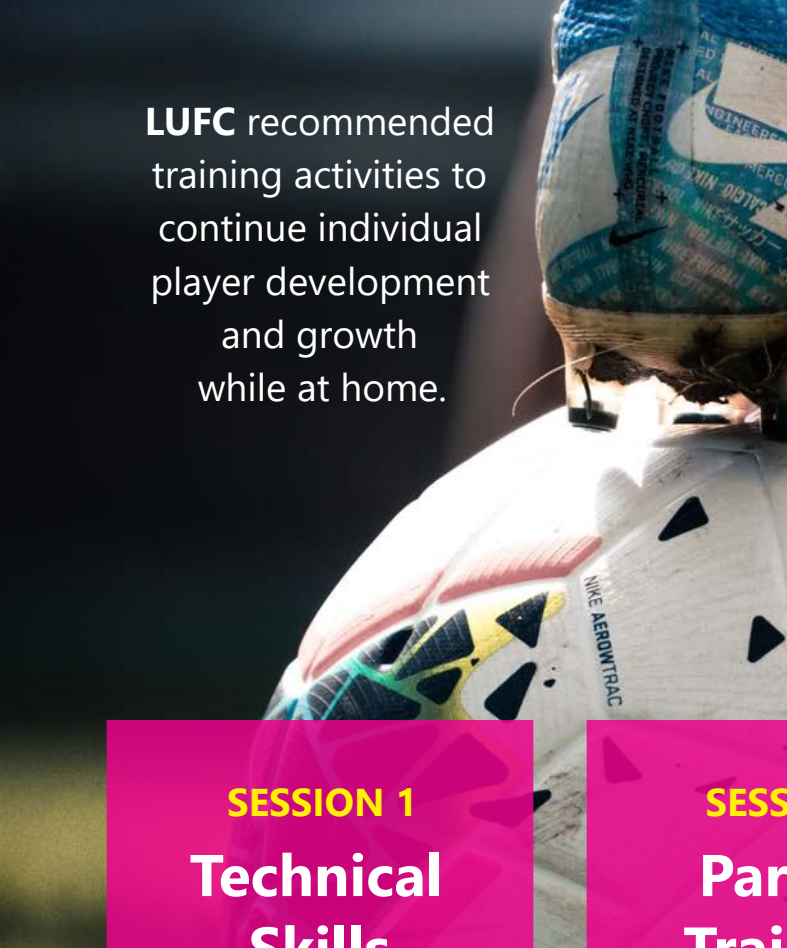
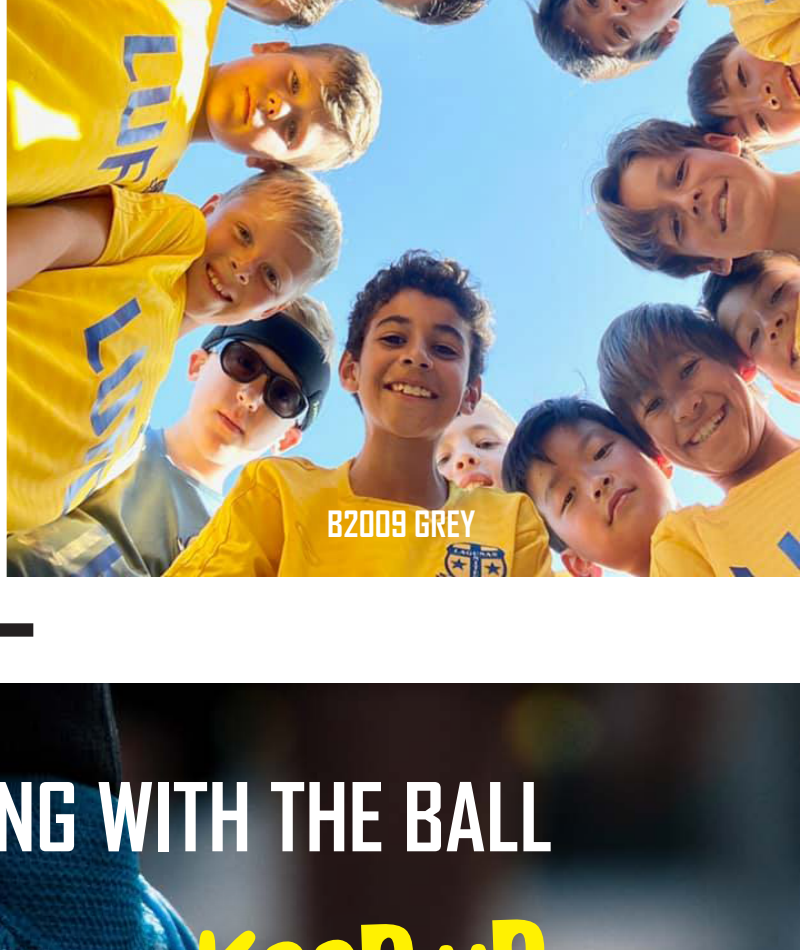
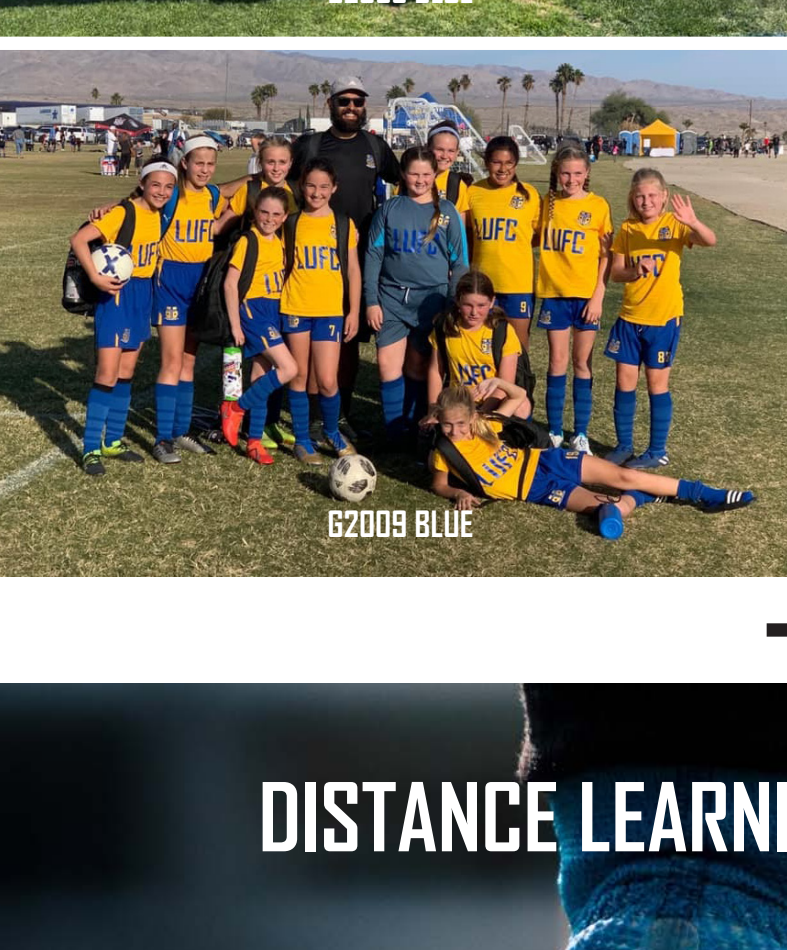
**B2009**  
Grey

Governors  
Round of 32

**G2009**  
Blue

Governors  
Round of 16

**G2010 Blue, B2009 SR and B2009 White** all advanced into the second round of State Cup Mayors Division.



## DISTANCE LEARNING WITH THE BALL

LUFC recommended training activities to continue individual player development and growth while at home.

Keep up  
your touch!

**SESSION 1**  
Technical  
Skills

**SESSION 2**  
Partner  
Training

**SESSION 3**  
Strength,  
Conditioning,  
Speed &  
Agility

VIEW THE LESSONS

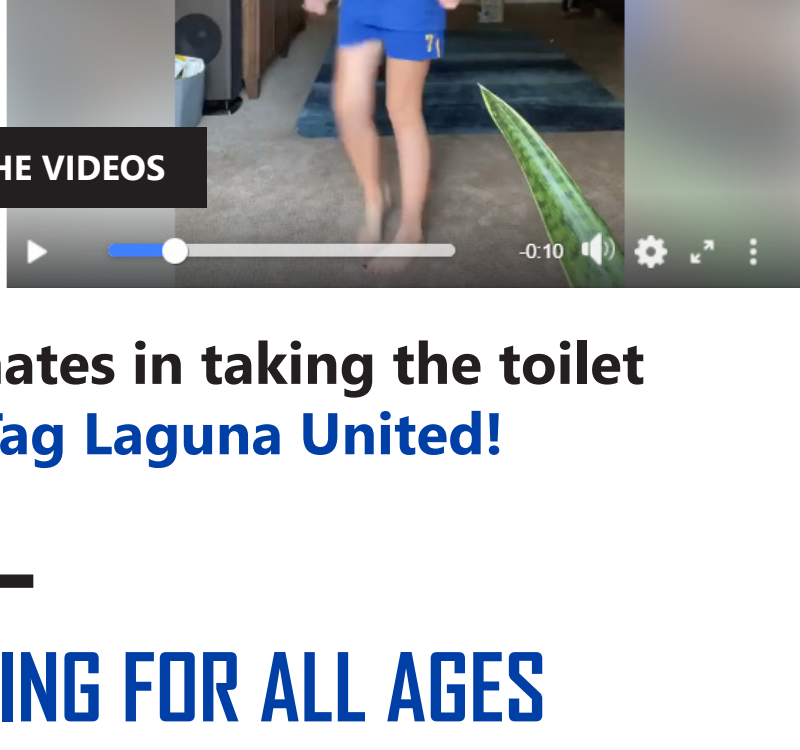
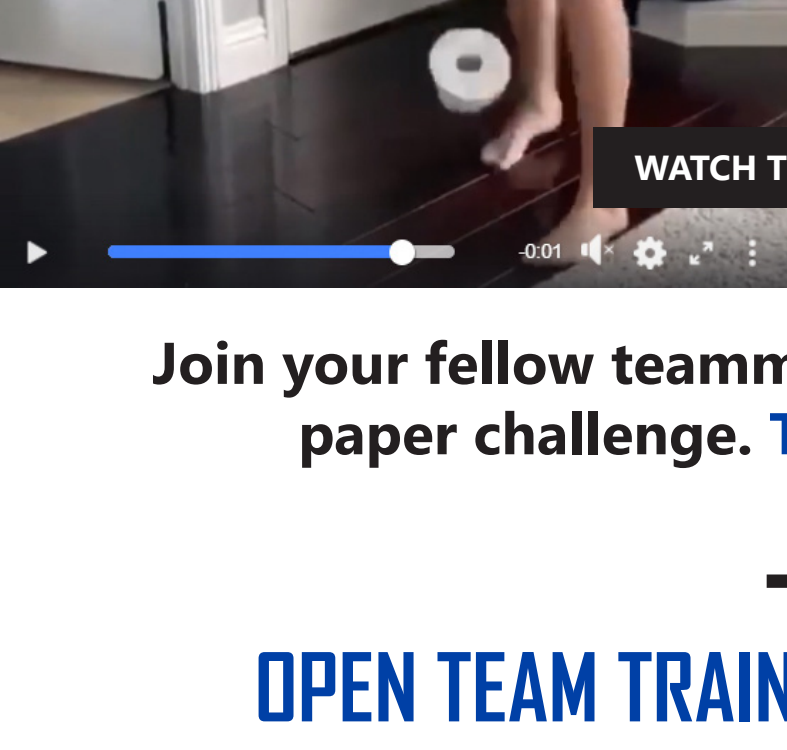
## "YOU ARE WHAT YOU EAT"



Good nutrition can help build your immunity in this time of COVID-19. Make smart choices—fuel up on good foods and exercise healthy lifestyle habits.

READ THE ARTICLE

## TAKE THE TOILET PAPER CHALLENGE



WATCH THE VIDEOS

Join your fellow teammates in taking the toilet paper challenge. Tag **Laguna United!**

## OPEN TEAM TRAINING FOR ALL AGES WHEN WE RETURN!

If you are interested in **LUFC** and one of our teams, you are invited to attend a team's practice when we resume. Attending a team practice allows for us to evaluate and welcome players into a comfortable and relaxed atmosphere. This also gives prospective players and families a chance to experience an **LUFC** training environment as well as get to know our coaches and teams closely.

## 2020-2021 TRYOUTS OLDERS

**G2005**  
**G2004**  
**G2003**

**B2005**  
**B2004**  
**B2003**  
**B2002**

Tryouts for the older age groups coming soon!



CONTACT US

## NIKY'S SPORTS

LUFC Members receive 15% off MSRP storewide on regular priced items.

Receive an additional 5% off on nikys-sports.com including all sale and closeout items.

At check-out, USE CODE: **LUFC-2020**

Price Match Guarantee

SHOP

**LUFC** FOR LUFC FAN & SPIRIT WEAR:

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## STAY CONNECTED

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