

WE ARE BACK



LAGUNA UNITED FC PROTOCOLS & GUIDELINES FOR A SAFE RETURN-TO-PLAY




PHASE 1*

PHASE 2



PHASE 3

PHASE 4






Club

-  Provide hand sanitizing stations at fields
-  Limit teams per field
-  Plan and prepare full return guidelines

Coaches

-  Wear mask
-  Exercise social distancing
-  Coaches only will handle equipment
-  NO high-5s or handshakes
-  Sanitize themselves and equipment—prior, between, and after each practice

Parents

-  Players with a fever or illness will not practice
-  Drop-off and pick-up preferred
-  Limited or NO carpooling
-  Sanitize hands before and after practice
-  Players must bring their own water
-  Notify the Club if your child becomes ill

Players

-  Exercise social distancing
-  NO sharing equipment; bring your own
-  NO sharing water; bring your own
-  Sanitize hands before and after practice
-  Bring hand sanitizer to practice
-  Wear mask before and after practice
-  Communicate any illness
-  NO high-5s, handshakes, hugs, or celebrations



PHASE 1: Soccer Camps
(Limited Individual Drills and Practice)
<https://calsouth.com/coronavirus/>

CLUB

LUFC will distribute and post all Return-to-Play protocols. All members of staff have been educated on all protocols. Field space and the scheduling of training allows for adequate social distancing. This includes the limit of players and teams per field as well as extended time between the start and end of practices. There will be sanitizing stations at each field.

COACHES

Coaches will follow all Return-to-Play protocols. If a player is not feeling well, they will be supported and sent home. Coaches will wear masks. Any team equipment, such as cones, will be handled by coaches only. There will be no player contact such as high-5s or handshakes. Coaches will sanitize themselves and equipment—prior, between, and after practices. Coaches will accommodate those who do not feel comfortable in returning. Coaches will develop and run practices that comply with social distancing.

PARENTS

Check child's temperature before attending practice. Any sign of sickness or illness and the player will not attend practice. Parents will be encouraged to pick-up and drop-off, staying inside of their car. Families should limit player carpooling when possible. Player's equipment will be washed after every activity. Parents will notify the Club if their child falls ill for any reason. Ensure players have lots of water.

PLAYERS

Players will socially distance throughout practice. Players will wash hands before and after practice. Players ensure they use all of their own equipment and will not share equipment or water. Player's equipment will be spaced out six feet apart. Players will not make contact with each other—removing handshakes, high-5s, hugs, or celebrations. Players will wear masks before and after practices. Players will communicate any illness—before, during, or after practice.

*PHASE 1 determined by direction of Cal South and City of Laguna Niguel guidelines; subject to change. (06-23-2020)